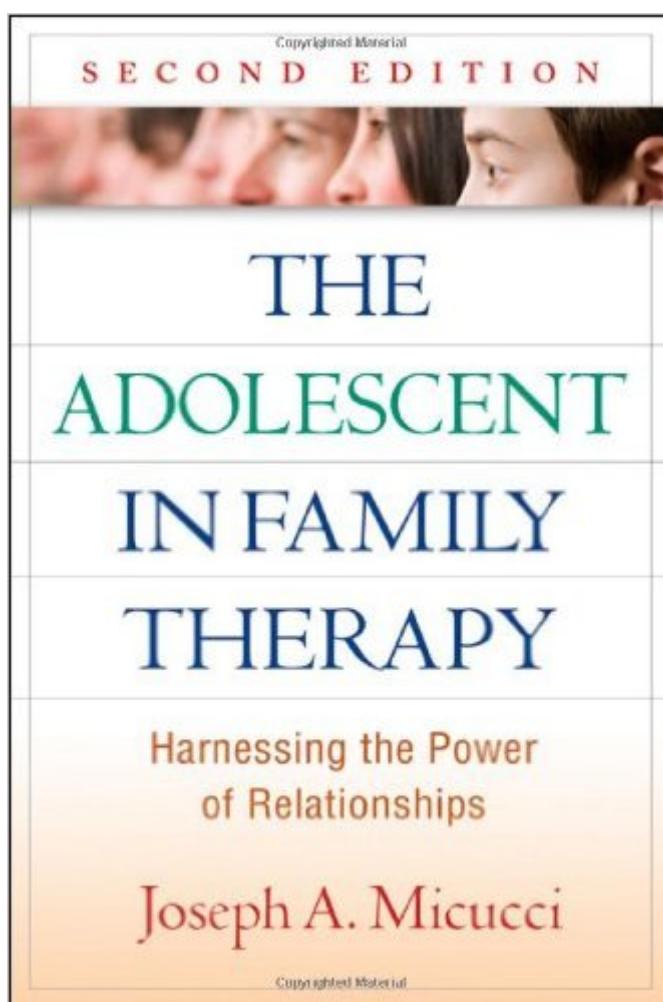


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# The Adolescent In Family Therapy, Second Edition: Harnessing The Power Of Relationships (Guilford Family Therapy (Hardcover))



## **Synopsis**

Rich with clinical wisdom, this successful text and practitioner guide offers a comprehensive framework for treating adolescent problems in the family context. Even as teenagers become increasingly independent, Joseph Micucci shows, they still need parental guidance and nurturance. By strengthening family relationships, clinicians can alleviate symptoms and promote behavioral change. Vivid examples and session transcripts illustrate specific strategies for treating eating disorders, depression, anxiety, defiance, underachievement, and other frequently encountered challenges. Weaving together family therapy techniques with ideas from psychodynamic and cognitive-behavioral approaches, the book has a pragmatic focus on effective interventions for getting adolescent development back on track.

Â New to This Edition \*Thoroughly updated to reflect current research and reader feedback. \*Chapter on adolescent anxiety disorders. \*Expanded coverage of attachment issues; lesbian, gay, and bisexual youth; and racial and ethnic identity.

\*New case material, one of the bookâ™s most popular features.

## **Book Information**

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Average Customer Review: 4.5 out of 5 starsÂ See all reviewsÂ (6 customer reviews)

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## **Customer Reviews**

I've purchased and read several books to help in providing solid family therapy for adolescents with clinical disorders. I have not found any thus far to be helpful. This book discusses specific theoretical orientations, provides a thorough understanding of adolescent development, and contextual family issues related to specific adolescent diagnosis including depression, anxiety,

psychosis, eating disorders, and more. I believe the book successfully addresses the role the family plays in both development and maintenance of disordered behavior in teenagers while providing guidelines for its treatment. It is extremely readable which then makes it easily applicable to cases! I am thankful I got an email from recommending this book to me. I am not finished with the book, otherwise I'd have given it 5 stars. I'll provide an addendum upon completion!

The book was a bit dry in getting the information to us. It had great information but is very technical.

Easy read

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